



Rainbow Laces 2022 – Post-16 lesson pack

Today, there are more LGBTQ+ athletes than ever before competing openly as their true selves. 2022 saw the first openly gay player to come out in professional UK men's football in over 30 years. The Lionesses became Euros Champions with 7 openly LGBTQ+ players on the squad. Over 40 openly LGBTQ+ athletes competed at this year's Commonwealth Games. But for every success story, there are countless more untold stories of LGBTQ+ people who are forced to abandon their love of sports and fitness. Because in PE lessons, the gym and in the stands, people bully, belittle and exclude LGBTQ+ people, making them feel out of place. Sport is for all, and everyone should be welcome.

We've designed this lesson pack for you to use in Rainbow Laces week and beyond, because LGBTQ+ inclusion has no off season. Choose the activities to best suit the needs of your class and to fit the amount of time you have available. We have also developed lesson plans on this theme for students with SEND/ASN/ALN – these can be found on our website. Each lesson has a template PowerPoint that you can adapt and use to support your whole class teaching. Other suggested resources are noted in each lesson plan.

Who are Stonewall?

This resource is produced by Stonewall, a UK-based charity that stands for the freedom, equity and potential of all lesbian, gay, bi, trans, queer, questioning and ace (LGBTQ+) people. At Stonewall, we imagine a world where LGBTQ+ people everywhere can live our lives to the full. Founded in London in 1989, we now work in each nation of the UK and have established partnerships across the globe. Over the last three decades, we have created transformative change in the lives of LGBTQ+ people in the UK, helping win equal rights around marriage, having children and inclusive education.

Our campaigns drive positive change for our communities, and our sustained change and empowerment programmes ensure that LGBTQ+ people can thrive throughout our lives. We make sure that the world hears and learns from our communities, and our work is grounded in evidence and expertise.

Stonewall is proud to provide information, support and guidance on LGBTQ+ inclusion; working towards a world where we're all free to be. This does not constitute legal advice, and is not intended to be a substitute for legal counsel on any subject matter. To find out more about our work, visit us at www.stonewall.org.uk.

Lesson plan

If you have up to 30 minutes, complete activity 1.

If you have up to 60 minutes, complete activities 1 to 3.

Learning objective

To be able to use statistics to support an argument.

Activity	Duration	Details	Resources
1. Sports people	20 min	<p>Show students different sportspeople on the board.</p> <p>Ask: What have these people got in common? Students confer and then share suggestions.</p> <p>Focus on their experiences as sports people, but also draw out that they are LGBTQ+.</p> <p>Ask: What challenges can people face as a consequence of being LGBTQ+? Students confer and then share suggestions.</p> <p>Discuss that LGBTQ+ people face prejudice because of being LGBTQ+. Share examples of homophobia, biphobia and transphobia.</p> <p>Ask: What impact might homophobia, biphobia or transphobia have on a person? Students confer and then share suggestions.</p>	<p>PowerPoint:</p> <ul style="list-style-type: none"> Rainbow Laces 2022 PowerPoint (Post-16) <p>Paper/electronic resources:</p> <ul style="list-style-type: none"> Stonewall's LGBT in Britain – Hate Crime report.

		<p>Use the PowerPoint to discuss some of the statistics from Stonewall's LGBT in Britain – Hate Crime report.</p> <p>Talk about the Rainbow Laces Campaign.</p> <p>Ask: Why might the Rainbow Laces Campaign be needed?</p> <p>Ask: What might the impact of homophobia, biphobia and transphobia in sport be? Students confer and then share suggestions.</p>	
2. News report	20 to 30 min	<p>Students work in pairs or threes to create a news report to highlight the impact of homophobia, biphobia and transphobia in sport but also in wider society. This could be a newspaper report, a TV news report or a radio report.</p> <p>Students should use the Stonewall's LGBT in Britain – Hate Crime report to support their research.</p>	
3. News just in	10 to 20 min	<p>Students share their work with the rest of the class, either by delivering their TV or radio report or by giving their peers the opportunity to read their article. As a class, ask students to share the really important points that they had picked up on from the lesson.</p>	